

# ALLERGIC RHINITIS TREATMENTS

## CORTICOSTEROID



**Flixonase**  
fluticasone propionate  
50mcg



**Avamys\***  
fluticasone furoate  
27.5mcg



**Omnaris\***  
ciclesonide  
50mcg

## ANTIHISTAMINE/CORTICOSTEROID



**Ryaltris\***  
olopatadine/mometasone  
600mcg/25mcg



**Dymista\***  
azelastine/fluticasone propionate†  
125mcg/50mcg

## SALINE



**Fess Saline Spray (nasal spray)**  
sodium chloride†  
9mg/mL

## ANTIHISTAMINE



**Beconase**  
beclometasone  
50mcg



**Rhinocort Hayfever • Rhinocort\***  
budesonide†  
32mcg • 64mcg



**Nasonex Allergy • Nasonex\***  
mometasone†  
50mcg



**Azep**  
azelastine†  
125mcg

## ANTICHOLINERGIC



**Atrovent Nasal • Atrovent Nasal Forte**  
ipratropium  
22mcg • 44mcg



**Fess Sinu Cleanse (nasal irrigation)**  
sodium chloride†  
9mg/mL

## MORE RESOURCES

National Asthma Council Australia  
'How-to' videos for nasal spray technique  
Clinical recommendations for asthma & allergies  
Patient advice, factsheets and brochures

[nationalasthma.org.au](http://nationalasthma.org.au)

This chart shows the main intranasal treatment options available in Australia. Check TGA-approved product information for indications and precautions. Developed independently by the National Asthma Council Australia with support from Seqirus Australia and Care Pharmaceuticals.

© National Asthma Council Australia 2021

## HOW-TO VIDEOS



SCAN ME



**MediFess Value Pack †**  
sodium chloride    mometasone†  
9mg/mL            50mcg

† available only as value pack



**Livostin**  
levocabastine†  
0.5mg/mL

## DECONGESTANT



**Decongestant**  
xylometazoline    Decongestant  
oxymetazoline  
multiple brands available



**Spray Tish**  
tramazoline  
82mcg



**Otrivin Plus**  
xylometazoline/ipratropium  
0.5mg/mL/0.6mg/mL

short-term use only

\*Available by prescription only. PBS subsidisation is not available on most nasal sprays. RPBS subsidisation is available for selected nasal sprays - check current criteria.

†generic brands also available